Extreme Sports

While reading
Pages 1–3

1 Complete the crossword.

Across
4 In ………… you climb into a three meter ball and somebody pushes the ball down the street. (7)
7 In wake ………… you stand on your board and a boat pulls you over the water. (8)
8 In street ………… your board has wheels. You lie on your board and you go down the road very fast! (4)
9 In BMX bike ………… (vert) you do as many tricks as you can in one minute. (6)
11 In ………… in-line skating, you jump high on your skates, you kick and you do tricks. (10)

Down
1 ………… is like bungee jumping but you jump into cold water! (9)
2 In BASE ………… you jump off a building or bridge with a parachute. (7)
3 ………… gliding is the oldest extreme sport. (4)
5 In ………… ballet you jump out of an airplane with some friends. (6)
6 In ………… jumping you jump from a high place with a rope around you. (6)
10 In cave ………… you dive under the water with air on your back. (6)
12 ………… boarders do their tricks in the snow. (4)

Pages 4–9

2 Complete the sentences. Use words in the box.

next to from with each the after above in

a US police put BASE jumpers ………… prison.
b John Vincent went ………… prison for ninety days.
c He jumped ………… a tall building in St Louis.
d Yosemite is ………… most famous national park in the United States.
e In 1978, some people jumped from El Capitan ………… parachutes.
f ………… 100 skydives you get a BASE number.
g The world is beautiful when you see it from …………
h About one person dies ………… year after a jump.
i Who will be the ………… person in the BASE Association?

3 Answer the questions. Choose 1, 2, or 3.

a How old was Bill Moyes when he started hang gliding? …..
   1) 14
   2) 34
   3) 43

b How old was his son, Steve Moyes? …..
   1) 14
   2) 34
   3) 4

c What time did Bill wake up his son every morning? …..
   1) four o’clock
   2) six o’clock
   3) seven thirty

d What did they do before Steve went to school? …..
   1) They made hang gliders.
   2) They sold hang gliders.
   3) They went hang gliding.

e Bill loved flying but what didn’t he like? …..
   1) airports
   2) airplanes
   3) airlines
4 Number the sentences in the correct order.
   a Alma said, “Street luge is not for me, but I don’t want to stop you.”
   b Alma’s friend said, “My brother has a board.”
   c Tom said, “I’ll stop doing street luge.”
   d Tom saw luge on the TV.
   e Alma and Tom tried luge together.
   f Tom went at 113 km/h down a street.
   g Tom bought a board, clothes and shoes for street luge.
   h Tom knocked down a woman.
   i Tom said, “I’m sorry.”
   j Alma wasn’t happy.
   k Alma had an accident.
   5 Match a–h with 1–8 to make correct sentences.

   | a Snowboarding started in … | 1) but she couldn’t. |
   | b There was snow … | 2) made the first snowboard. |
   | c Sherman Poppen watched … | 3) winter in Michigan. |
   | d Wendy tried to stand up … | 4) her new snowboard. |
   | e Wendy fell … | 5) and ice on the ground. |
   | f Sherman went to his garage and … | 6) every time. |
   | g Wendy loved … | 7) Wendy go down the ice on some wood. |
   | h Wendy’s friends … | 8) wanted snowboards, too. |

7 Underline the mistakes in these sentences.
   a When you bungee jump, you jump from a mountain, from a chair, or from a bridge.
   b You have a string around your body.
   c Bungee jumping started in Old Zealand.
   d The lowest bungee jump was 180 meters from a building in Auckland.
   e When you do canyoning, you fall down and down into very cold ice cream.
   f The sport started in France, and it’s safe.
   g “People are jumping into water head first from palaces thirty meters high,” says extreme sports instructor Phil Maguire.
   h “Sometimes they hit their hats when they go in.”
   i “Sometimes the water is walking very fast.”

8 Put a ✓ beside the correct sentences.
   a Every year, in the US there’s a summer X Games and a winter X Games.
   b The first summer X Games was in 1895 in Rhode Island.
   c The winter X Games started two years later with mountain biking on snow, snowball fights and building snowmen.
   d Now there are X Games in Asia, Australia and Europe.
   e Dave Mirra, the world’s number five BMX rider was the BMX vert champion.
   f Meghan Heaney-Greer can dive 55 meters under water with no air.
   g Alcatraz was a prison for extreme sports champions.
   h It’s about three kilometers from San Francisco.
   i Every fall, people try to swim from Alcatraz to San Francisco.
   j The water is very cold and there are dangerous frogs in the water.
   k The Kamikaze Bike Race is the most dangerous bike race in the world.
   l Some people ride at 72 km/h on their bikes.
Extreme Sports

1 Which extreme sports use a rope and which use a parachute? Copy the extreme sport under the correct heading.
  bungee jumping  sky diving  BASE jumping  aerial ballet  cave diving  canyoning

<table>
<thead>
<tr>
<th>Parachute</th>
<th>Rope</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
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</tbody>
</table>

2 Tick ✓ the equipment which has wheels.
  a  BMX bike
  b  in-line skates
  c  parachute
  d  hang glider
  e  airplane
  f  ice luge
  g  street luge
  h  skateboard
  i  wakeboard
  j  snowboard
  k  ice skates

3 Tick ✓ the extreme sports in, on or under water.
  a  cave diving
  b  sky diving
  c  rock climbing
  d  street luge
  e  canyoning
  f  wakeboarding
  g  zorbing
  h  swimming
  i  BMX bike riding
  j  surf boarding
  k  aerial ballet

4 Tick ✓ the countries which are mentioned in Extreme Sports.
  a  the United States
  b  France
  c  Norway
  d  Brazil
  e  Antarctica
  f  New Zealand
  g  Switzerland
  h  Austria
  i  Germany
  j  Australia
  k  Borneo
  l  Britain

5 Which words which are NOT connected with these sports?
  a  cave diving:  air, parachute, line, swim
  b  BMX vert:  minute, tricks, ride, rope
  c  aerial ballet:  dance, run, sky, airplane
  d  street luge:  board, road, fast, ball
  e  zorbing:  jump, ball, street, push
  f  running:  legs, water, feet, bike
  g  hang gliding:  board, glider, fly, jump
  h  BASE jumping:  number, rope, high, bridge

6 Are these words places or people? Choose the correct answer.
  a  Yosemite  place / person
  b  Houston  place / person
  c  Boenisch  place / person
  d  Harrison  place / person
  e  Kilimanjaro  place / person
  f  Vicki  place / person
  g  Costello  place / person
  h  Orlando  place / person
  i  BREN  place / person
  j  Alma  place / person
  k  Wendy  place / person
  l  Orlowski  place / person
  m  Auckland  place / person
  n  Nyquist  place / person
  o  Mehgan  place / person
  p  Alcatraz  place / person
  q  Borneo  place / person

7 Complete the sentences with the words below.
  dive equipment wheel skates race parachute instructor
  a  My first ………… was in the Pacific Ocean and I saw some beautiful fish.
  b  On some very old bikes, the front ………… was bigger than the back wheel.
  c  She won the 400 meter …………, and the Japanese woman came second.
  d  After you jump from the airplane, you have to open your …………!
  e  He wanted to climb the mountain with us, but he didn’t have the right …………
  f  There is an ………… at the pool, and he is giving me swimming lessons.
  g  You can move fast with ………… on your feet.